

Blueprint Career Development RTO #30978 in partnership with Mountain Creek State High School

**QUALIFICATION TITLE:**

## 10939NAT Certificate II in Self-Awareness and Development

**PATHWAY:** Vocational Education and Training

**TIMETABLE CODE:** VSD

**DURATION:** 1 Year

**PREREQUISITES:** NIL

**USER PAYS FEES:** \$175

**COURSE OVERVIEW:**

In 10939NAT Certificate II in Self Awareness and Development you can reach your full potential through self-awareness and then use this understanding to prepare yourself for success – in every sense of the word. Participants can expect to be surprised, challenged and occasionally confronted as their prevailing personal beliefs and behaviours are re- aligned with the hallmarks of success.

**UNITS OF COMPETENCY**

UNIT CODE	UNIT NAME
NAT10939001	Transform thinking habits
NAT10939002	Identify learning styles and personality profiles to communicate effectively
NAT10939003	Make choices that develop self-esteem
NAT10939004	Develop empowering beliefs and habits
NAT10939005	Deal with fears and challenges
NAT10939006	Cultivate creative thinking
NAT10939007	Create personal vision and opportunities
NAT10939008	Clarify purpose and overcome obstacles
NAT10939009	Define, monitor and reward goals
NAT10939010	Manage time with balance and self-discipline
NAT10939011	Build positive relationships
NAT10939012	Present with positive praise and critique

**WHEN YOU FINISH THIS COURSE, YOU'LL BE ABLE TO:**

- Transform thinking habits and cultivate creativity
- Connect and communicate with others
- Develop empowering beliefs and habits
- Make informed choices to overcome obstacles
- Deal with fears and challenges
- Create a personal vision, goals and opportunities
- Balance roles and manage own time and energy

Achievement of competence in units provide an opportunity to confidently access further qualifications within the Australian Qualifications Framework.

**Disclaimer:** "The School must have qualified teachers and specific equipment to run this course. If the school loses access to these resources, the school will attempt to provide students with alternative opportunities to complete the course and the related qualifications. The school retains the right to cancel the vocational component of the course if it is unable to meet requirements."

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Correct at time of publication but subject to change