

**Develop  
the mindset  
before the  
skillset**



# 10939NAT Certificate II in Self Awareness and Development



## Outline

A total of 12 units are required for this qualification

NAT10939001	Transform thinking habits
NAT10939002	Identify learning styles and personality profiles to communicate effectively
NAT10939003	Make choices that develop self-esteem
NAT10939004	Develop empowering beliefs and habits
NAT10939005	Deal with fears and challenges
NAT10939006	Cultivate creative thinking
NAT10939007	Create personal vision and opportunities
NAT10939008	Clarify purpose and overcome obstacles
NAT10939009	Define, monitor and reward goals
NAT10939010	Manage time with balance and self-discipline
NAT10939011	Build positive relationships
NAT10939012	Present with positive praise and critique

The Certificate II in Self Awareness and Development is about individuals reaching their full potential through self-awareness and using their understanding to prepare themselves for success – in every sense of the word.

This comprehensive program integrates socio-cultural learning with practical exercises, coaching and problem solving. It enables participants to overcome significant barriers to develop personal commitment and confidence.

Participants can expect to be surprised, challenged and occasionally confronted as their prevailing personal beliefs and behaviours are re-aligned with the hallmarks of success.

## Testimonial

*"I have learnt confidence, courage and pride. 3 things I had very little of." GG*

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future

## CONTACT US



07 3806 1543



info@blueprinted.com.au



www.blueprinted.com.au

Blueprint Career  
Development  
RTO # 30978